

TOASTED  
40p EXTRA

# SANDWICHES

GRANARY OR WHITE BREAD  
& SERVED WITH SALAD  
(NOT APPLICABLE FOR HOT VARIETY SELECTIONS)

## COLD MEATS

	BAGEL/ROLL	SANDWICH	BAP OR BAGUETTE
Ham	£2.50	£3.00	£4.00
Chicken	£3.00	£3.70	£4.70
Crispy Bacon	£3.00	£3.70	£4.70
Chicken & Crispy Bacon	£4.00	£4.90	£5.90
Chicken Tikka & Mint Yoghurt	£3.20	£3.90	£4.90
Coronation/Italian/Peri-Peri	£3.20	£3.90	£4.90
Any 3 Fillings	£4.30	£5.30	£6.00
Add Avocado for an extra	£1.00	£1.20	£1.40

## FISH

Prawns	£3.50	£4.20	£5.20
Crab	£3.50	£4.20	£5.20
Seafood	£4.10	£4.80	£5.80
Tuna	£3.10	£3.80	£4.80
Tuna Mexican	£3.30	£4.00	£5.00
Smoked Salmon	£3.50	£4.40	£5.50
Smoked Salmon & Cream Cheese	£3.90	£4.80	£5.80
Add Avocado for an extra	£1.00	£1.20	£1.40

## EGG & CHEESE

Cheddar	£2.40	£2.80	£3.80
Cream Cheese	£2.90	£4.60	£5.60
Egg Mayo & Crispy Bacon	£4.00	£4.90	£5.90
Egg Mayonnaise	£2.60	£3.00	£4.00
Ham & Cheese	£3.40	£3.90	£4.90

## HOT VARIETY

Bacon	£2.50	£2.90	£3.90
BLT	£3.00	£3.60	£4.60
Sausage	£2.50	£2.90	£3.90
2 Egg	£2.50	£2.90	£3.90
Bacon & Egg	£3.20	£3.90	£4.90
Sausage & Egg	£3.20	£3.90	£4.90
Bacon & Mushroom	£3.20	£3.90	£4.90
Sausage & Mushroom	£3.20	£3.90	£4.90
Any 3 Fillings	£3.80	£4.80	£5.80

# SOUPS

Soups ..... £3.90

Choose from: Lentil, tomato, chicken, mushroom, minestrone or vegetable  
Served with 2 buttered sliced bread or roll

Please consult a member of staff if you have any food related allergies

# BREAKFAST

SERVED ALL DAY

Molens Special Breakfast	£7.50
<i>2 Eggs, 2 bacon, sausage, fried slice, beans or tomatoes, bread &amp; butter, tea or coffee</i>	
The American	£7.90
<i>2 Eggs, ham, 3 hash browns, fresh mushrooms, French toast, orange juice, 1 slice of granary toast</i>	
Vegetarian Breakfast	£6.90
<i>Egg, bubble &amp; squeak, mushrooms, fried tomatoes, beans &amp; toast</i>	
Porridge	£3.50
<i>Served with honey</i>	

# ON 2 TOAST

Beans or 2 Eggs	£3.80	2 Poached Eggs	£4.00
Scrambled Eggs	£4.30	Cheese	£4.00

# CREATE YOUR OWN

CHOOSE FROM THE FOLLOWING  
TO MAKE YOUR OWN BREAKFAST

Sausage	£1.20	Smoked Salmon	£3.60
Egg	£1.20	Black Pudding	£1.50
2 Slices of Bacon	£1.80	Liver	£2.20
Tomato or Beans	£1.20	Ham	£2.10
Mushrooms	£1.50	Chips	£1.90
Hash Browns or Bubble	£1.60	Buttered Toast	70p
Scrambled Eggs	£1.70	Fried Slice	90p

# OMELETTES

MADE FROM 3 EGGS

Plain	£3.80
Veg Fillings	90p
<i>Cheese, mushrooms, onions, peppers, sweetcorn, tomatoes.</i>	
Meat Fillings	£1.20
<i>Ham, chicken, prawns, bacon.</i>	
Add Chips or Salad for extra	£1.90

# KIDS MEALS

4pcs Chicken Nuggets, Chips & Beans	£3.60
4pcs Fish Fingers, Chips & Beans	£3.60
Burger & Chips	£3.60
Kids Bolognese	£4.50

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# JACKET POTATOES

GARNISHED WITH SALAD

Plain with Butter	£3.50
EXTRA FILLING	
Beans or Cheese	£1.40
Coleslaw or Sweetcorn	£1.20
Crab, Crispy Bacon, Chicken or Tuna	£2.20
Prawn, Tikka, Seafood or Chilli Con Carne	£2.50

# MOLEN'S SPECIAL'S

Molen's Special	£6.00
<i>Hot chicken escalopes served in a granary bap with lettuce, onion, cucumber, tomato, mayonnaise &amp; lemon juice</i>	
Hot Salt Beef Sandwich	£6.00
<i>Hot salt beef sandwich, saddled &amp; laced with silverside of beef, salad, pickled cucumber &amp; for that extra touch mayonnaise &amp; mustard</i>	

## CLUB SANDWICHES WEST SIDE

*Favourite Triple Deckers toasted with everything including lettuce, tomato, cucumber & mayonnaise.*

Meaty Club Chicken & Bacon	£6.00
Original Club, Laced with 4 Hot Bacon Rashers	£6.00
Breakfast Club, Hot Bacon & Fried Egg	£6.00
Seafood Club, Prawns & Crab	£6.00

# BURGERS

ALL OUR BURGERS  
ARE MADE FROM  
100% BEEF & SERVED WITH SALAD

Quarter Pounder	£3.90
Half Pounder with Cheese	£5.50
Chicken Burger	£4.50
Chips	£1.90
Extra cheese	40p

**New York Jack** ..... £6.00  
*Double burger with it all! 2 slices of cheese, 1 rasher of bacon, salad & mayonnaise*

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## PASTA

- Lasagne** ..... £9.90  
*Layers of pasta filled with aged minced beef, topped with tomato and homemade béchamel sauce, served with fries and salad*
- Bolognese** ..... £8.00  
*Aged minced beef in rich tomato sauce*

## MAIN DISHES

- Hot Salt Beef** ..... £11.90  
*Silver side beef served with pickle, salad & fries*
- Bangers & Mash** ..... £7.90  
*2 Sausages, fried onions, mash potato, veg & gravy*
- Grilled Chicken Shish** ..... £8.90  
*Served with rice & salad*
- Chilli Con Carne** ..... £8.90  
*Served with rice & salad*
- Liver & Bacon** ..... £8.90  
*Served with mash potato & vegetables*
- Shepherd Pie** ..... £8.90  
*Served with mash potato & vegetables*
- Chicken Curry** ..... £8.90  
*Served with rice & chips*
- Chicken Escalope** ..... £8.90  
*Served with chips & salad*
- Scampi** ..... £8.90  
*Served with chips & peas*
- Cod** ..... £8.90  
*Served with chips & peas*
- Gammon Steak** ..... £8.90  
*Served with pineapple, chips & salad*
- Marinated Grilled Lamb Chops** ..... £12.90  
*Marinated and grilled lamb chops served with veg & mash potato*
- Sirloin Steak** ..... £14.90  
*Aged sirloin steak served with mash potato & vegetables*

## SALADS

### HOUSE SALAD

*Base includes: mix leaves, tomatoes, cucumbers, coleslaw, beetroot, gherkin, carrots, sweetcorn, onions, jalapeno & peppers when add any of the extras below*

**£4.90**

- Plain extras** ..... each item £2.40  
*Plain tuna, plain chicken, crispy bacon or roasted ham*
- Meaty extras** ..... each item £2.90  
*Prawns, crab, mexican tuna, italian chicken, coronation chicken, chicken tikka or peri-peri chicken*
- Tender extras** ..... each item £4.20  
*Smoked salmon or salt beef*

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## CAKES AND GOODIES

- Lemon Cheesecake** ..... £2.90     **Carrot Cake** ..... £2.90  
**Chocolate Fudge Cake** ..... £2.90     **Victorian Sponge Cake** ..... £2.90  
**Tiramisu Slice** ..... £2.90

## HOT DRINKS

- Espresso** ..... S £1.40 D £1.80     **Chai Latte** ..... £2.60  
**Macchiato** ..... S £1.70 D £2.10     **Moccachino** ..... £2.60  
**Americano/Coffee** R £2.10 L £2.40     **Hot Chocolate** ..... £2.30  
**Flat White** ..... R £2.50 L £2.80     **Breakfast Tea** ..... R £1.30 L £1.60  
**Cappuccino** ..... R £2.30 L £2.60     **Herbal Tea (ORGANIC)** ..... £2.00  
**Latte** ..... R £2.30 L £2.60     **Fruit Tea** ..... £2.00

## SOFT DRINKS

- Coke/Diet Coke** Glass bottle 330ml. £2.00     **Ice Tea** ..... £1.80  
**Canned Soft Drinks** ..... £1.30     **Lucazade** ..... £1.60  
**Juice** Apple/Orange ..... £1.70     **Ribena** ..... £1.30  
**Water Still/Sparkling** ..... £1.30     **Fruit Shot** ..... £1.00

### FRESH JUICES

*Freshly squeezed fruits of your choice:*

*Orange, Apple, Carrot*

**£3.90**

## SHAKES AND SMOOTHIES

- Smoothies** ..... £3.50     **Classic Milkshakes** ..... £3.90  
*Merry berry, tropical crush, groovy green, queen peach, strawberry sunshine*  
*Strawberry, banana or vanilla*
- Trend Milkshakes** ..... £4.10     **Ferrero Rocher** ..... £4.50  
*Oreo, kinder bruno, mars, snickers, reeses, smarties, bounty, ice frappe*  
**Nutella Milkshake** ..... £4.50  
**Molen's Shake** ..... £4.90  
*Coffee & nutella*

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