

SANDWICHES

GRANARY OR WHITE BREAD
& SERVED WITH SALAD
(NOT APPLICABLE FOR HOT VARIETY SELECTIONS)

TOASTED
40p EXTRA

COLD MEATS

	BAGEL/ROLL	SANDWICH	BAP OR BAGUETTE
Ham	£3.00	£3.80	£5.00
Chicken	£3.60	£4.70	£6.00
Crispy Bacon	£3.60	£4.70	£6.00
Chicken & Crispy Bacon	£4.60	£5.90	£7.30
Chicken Tikka & Mint Yoghurt	£3.80	£4.90	£6.20
Coronation/Italian/Peri-Peri	£3.80	£4.90	£6.20
Add Avocado for an extra	£1.60	£2.10	£2.50

FISH

Prawns	£4.20	£5.30	£6.60
Crab	£4.20	£5.30	£6.60
Seafood	£4.80	£6.00	£7.20
Tuna	£3.80	£5.00	£6.20
Tuna Mexican	£4.00	£5.10	£6.40
Smoked Salmon	£4.20	£5.50	£6.90
Smoked Salmon & Cream Cheese	£4.60	£5.90	£7.20
Add Avocado for an extra	£1.60	£2.10	£2.50

EGG & CHEESE

Cheddar	£2.50	£3.60	£4.80
Cream Cheese	£3.40	£5.40	£6.60
Egg Mayo & Crispy Bacon	£4.60	£5.90	£7.20
Egg Mayonnaise	£3.20	£4.00	£5.30
Ham & Cheese	£4.00	£4.90	£6.20

HOT VARIETY

Bacon	£3.10	£3.90	£5.20
BLT	£3.60	£4.60	£5.90
Sausage	£3.10	£3.90	£5.20
Egg	£3.10	£3.90	£5.20
Bacon & Egg	£3.80	£4.90	£6.20
Sausage & Egg	£3.80	£4.90	£6.20
Bacon & Mushroom	£3.80	£4.90	£6.20
Sausage & Mushroom	£3.80	£4.90	£6.20
Any 3 Fillings	£4.40	£5.80	£7.10

WRAPS

ALL WRAPS ARE
GARNISHED WITH SALAD

Tuna Melt	£8.20
<i>Tuna, cheddar cheese, spring onions & mayo</i>	
Mexican Tuna Melt	£8.90
<i>Tuna, cheese, spring onions, jalapenos & mayo</i>	
Molens House Special	£8.90
<i>Chicken fillet marinated in house sauce, wrapped with salad & mayo</i>	
Chicken Escalope	£8.90
<i>Chicken escalope wrapped with salad & mayo</i>	
Meat Balls	£8.90
<i>Beef meat balls wrapped with red onions, tomato, mayo wild rocket</i>	
Halloumi	£7.90
<i>Grilled halloumi wrapped with tomato & lettuce</i>	
Chicken & Avocado	£8.20
<i>Steamed chicken, avocado, salad & mayo</i>	
Smoked Salmon & Avocado	£8.90
<i>Smoked salmon, avocado, salad, lemon juice, black pepper & mayo</i>	
Seafood Wrap	£8.90
<i>Prawn cocktail, crab stick, salad & mayo</i>	
Falafel	£7.90
<i>Falafel, humus, salad, yogurt & mint sauce</i>	
Avocado & Salad	£7.90
<i>Organic avocado with salad</i>	
Per-Peri Chicken	£8.90
<i>Peri-peri chicken, salad, spring onions, chilli sauce, cheese, mayo & jalapenos</i>	

ADD CHIPS £2.60 • ADD SWEET POTATO FRIES £3.40

MOLEN'S SPECIAL'S

Molens Special £7.70

Hot chicken escalopes served in a granary bap with lettuce, onion, cucumber, tomato, mayonnaise & lemon juice

Hot Salt Beef Sandwich £7.40

Hot salt beef sandwich, saddled & laced with silverside of beef, salad, pickled cucumber & for that extra touch mayonnaise & mustard

Steak Baguette £8.90

Grilled strips of beef steak served with rocket, tomatoes, red wine marinated red onions and English mustard

Halloumi Baguette £6.90

Grilled halloumi cheese with fresh tomatoes and lettuce

CLUB SANDWICHES WEST SIDE

Favourite Triple Deckers toasted with everything including lettuce, tomato, cucumber & mayonnaise.

Meaty Club Chicken & Bacon £7.50

Original Club, Laced with 4 Hot Bacon Rashers £7.50

Breakfast Club, Hot Bacon & Fried Egg £7.50

Seafood Club, Prawns & Crab £7.50

GOURMET BURGERS

ALL BURGERS ARE SERVED WITH FRIES

Classic Burger £9.90 with cheese £10.70

Home made 100% Scottish beef, red onions, lettuce, tomato & gherkin

Molens Burger £11.20

Home made 100% Scottish beef, melted cheese, chorizo, red onions, lettuce, tomato & gherkin

Cheese Double Bacon Burger £11.90

Home made 100% Scottish beef, double grilled bacon strips, melted cheese, red onions, lettuce, tomato & gherkin

Egg Bacon Burger £11.90

Home made 100% Scottish beef, with egg & double bacon, red onions, lettuce, tomato & gherkin

Chicken Burger £9.90

Fresh marinated chicken fillet, red onions, lettuce, tomato & gherkin

Hawaiian Burger £11.40

Home made 100% Scottish beef with grilled pineapple, ham, melted cheese, red onions, lettuce, tomato & gherkin

Mexican Burger £10.90

Home made 100% Scottish beef with melted cheese & jalapeños, red onions, lettuce, tomato & gherkin

Halloumi Burger £9.90

Grilled halloumi with tomatoes and lettuce

Portobello Burger £10.90

Home made 100% Scottish beef, portobello mushroom, red onion, melted cheese, lettuce, tomato, gherkin

PASTA

CHOOSE YOUR PASTA:
PENNE, SPAGHETTI, TAGLIATELLI

Lasagne £12.90

Layers of pasta filled with aged minced beef, topped with tomato and homemade béchamel sauce, served with fries and salad

Bolognese £11.90

Aged minced beef in rich tomato sauce and served with parmesan

Diavolo £11.90

Chicken, spicy tomato sauce, rocket and served with parmesan

Arrabiata £10.90

Pasta with special spicy Arrabiata sauce and served with parmesan

Carbonara £11.90

Cream, eggs, bacon and black pepper and served with parmesan

Salmone £13.50

Creamy white wine sauce with smoked salmon, chives, dill and served with parmesan

JACKET POTATOES

GARNISHED WITH SALAD

Plain with Butter £4.40

EXTRA FILLING

Beans or Cheese £1.90

Coleslaw or Sweetcorn £1.60

Crab, Crispy Bacon, Chicken or Tuna £2.90

Prawn, Tuna Mexican or Tuna Sweetcorn, Tikka, £3.50

Seafood or Chilli Con Carne

MAIN DISHES

Hot Salt Beef £13.90

Silver side beef served with pickle, salad and fries

Chicken Milanese £12.40

Chicken escalope on a bed of penne arabiata and salad

Chicken Rella £12.40

Grilled chicken, parma ham, mozzarella & pesto served fries & salad

Grilled Chicken Shish £10.90

Served with rice & salad

Chilli Con Carne £10.50

Served with rice and salad

Liver & Bacon £9.90

Served with mash potato, fried onions, vegetables and gravy

Bangers & Mash £10.40

3 Cumberland sausages & creamy mash with vegetables & fried onions topped with gravy

Gammon Steak £10.40

Gammon steak served with pineapple, mushrooms, chips & peas

Marinated Grilled Lamb Chops £14.90

Marinated and grilled lamb chops served with veg & mash potato

Grilled Tuna Steak £14.90

Tuna steak with pesto sauce salad and fries

Sirloin Steak £15.90

Sirloin steak served with mash potato and vegetables

SALADS

Lentil & Halloumi £9.90

Roasted tomatoes, rocket, avocado, lentils and halloumi served with balsamic sauce

Chicken Caesar Salad £9.90

Cos lettuce, cherry tomato, croutons and parmesan, with classic Caesar dressing

Nicoise £11.90

Medium grilled tuna served with mix leaves, fresh green bean, boiled potatoes, cherry tomatoes boiled eggs, olives, anchovies and balsamic sauce

Goats Cheese Salad £9.90

Crumbled goats cheese, grilled peppers, cucumbers, sundried tomato, mixed leaves & pesto dressing

Tricolore Salad £9.90

Rocket, buffalo mozzarella, tomato, avocado and balsamic sauce

Greek Salad £9.90

Tomatoes, cucumbers, onions, olives, feta cheese & oregano dressed in olive oil.

HOUSE SALAD

Base includes: mix leaves, tomatoes, cucumbers, coleslaw, beetroot, gherkin, carrots, sweetcorn, onions, jalapeno & peppers when add any of the extras below

£6.90

LIGHT EXTRAS £2.20

Egg mayo, cheese or avocado

PLAIN EXTRAS £2.80

2 poached eggs, plain chicken, crispy bacon or roasted ham

MEATY EXTRAS £3.50

Prawns, crab, mexican tuna, italian chicken, coronation chicken, tuna, chicken tikka or peri-peri chicken

TENDER EXTRAS £4.90

Smoked salmon or salt beef

KIDS MEALS

2 Mini Burger & Chips £5.90

4pcs Chicken Nuggets, Chips & Beans or Peas £4.90

4pcs Fish Fingers, Chips & Beans or Peas £4.90

Any Pasta from Menu (Lasagne not included) £7.90

Only served to children below 12 years of age

VIENNOISERIE

Butter Croissant £1.30

Almond Croissant £1.50

Maple Pecan Plait £1.50

Pain Chocolat £1.30

Royal Danish Cinnamon swirl, apricot crown, vanilla crème £1.50

Spreads Strawberry, honey, marmalade, apricot 80p

PANCAKES

Classic £7.40

Pancakes with maple syrup, topped with a selection of seasonal fruits, whipped cream & icing powder

Nutella £7.90

Pancakes with Nutella, topped with a selection of seasonal fruits, whipped cream & icing powder

American Club £8.90

Eggs, sausage, bacon, maple syrup, wipped cream & icing powder

Add a scoop of ice cream £1.70

DESSERT

Apple Pie served with custard £4.90

Sticky Toffee Pudding served with soft ice cream £5.50

Ice Cream (3 scoops) £4.50

Vanilla, chocolate, strawberry, cinnamon, pistachio or soft ice cream

HOT DRINKS

Espresso S £1.80 D £2.30 Ice Coffee £4.00

Macchiato S £2.00 D £2.50 Hot Chocolate £3.00

Americano/Coffee £2.70 Extra Shot or Soya 40p

Cappuccino £3.00 Hot Water £1.20

Latte £3.00 Breakfast Tea £1.90

Flat White £3.00 Herbal Tea (ORGANIC) £2.90

Chai Latte £3.20 *Peppermint, camomile, lemon ginger, green tea, wild berries, earl grey*

Moccachino £3.20 Fresh Mint Tea £2.90

SOFT DRINKS

Soft Drink Bottles £2.90 Ice Tea £2.80

Glass bottle 330ml: Coke, Diet Coke, Lucazade £2.50

Fanta, Sprite Red Bull £2.90

Juice Apple/Orange/Cranberry £2.60 Ribena £1.90

Water Still/Sparkling £2.40 Fruit Shoot £1.90

FRESH JUICES £4.10

Freshly squeezed fruits of your choice: Orange, Apple, Carrot

Bubble Tea £4.50

Lychee bubbles with strawberry or mango

SHAKES AND SMOOTHIES

Smoothies	£4.20
<i>Merry berry, tropical crush, groovy green, queen peach, strawberry sunshine</i>	
Trend Milkshakes	£4.90
<i>Oreo, kinder bueno, mars, snickers, reeses, smarties, bounty, ice frappe</i>	
Classic Milkshakes <i>Strawberry, chocolate, banana or vanilla</i>	£4.40
Ferrero Rocher	£5.10
Nutella Milkshake	£4.90
Molen's Shake <i>Coffee & nutella</i>	£5.30

WINES

RED	175ml	Bottle
Merlot d'Alamel by Lapostolle	£6.90	£23.90
Valle Central, Chile		
<i>A round, Voluptuous Merlot with plum and cherry aromas a juicy feel in the mouth and a long, smooth finish. The oak adds a touch of spicy complexity</i>		
Cabernet Sauvignon, Les Templiers	£6.50	£21.90
VdP des Côtes de Thongue, France		
<i>Richly coloured, fruity wine with blackcurrant and berry flavours; structured and elegant in the mouth.</i>		

ROSE	175ml	Bottle
Pinot Grigio Rosé, Mannara, Veneto, Italy	£6.50	£22.90
<i>A delicate rosé with lifted aromas of spring flowers and strawberries, red berry fruit on the palate and a soft, round finish.</i>		

WHITE	175ml	Bottle
Cabernet Sauvignon, Les Templiers	£6.50	£21.90
VdP des Côtes de Thongue, France		
<i>Richly coloured, fruity wine with blackcurrant and berry flavours; structured and elegant in the mouth.</i>		

Pinot Grigio, Nina, Veneto, Italy	£6.90	£23.90
<i>Fresh pear and almond notes infuse this delicately structured, stylish Pinot Grigio. Dry yet rounded, with a refreshing finish.</i>		

BEER AND CIDER

Peroni - 330ml	£4.70
San Miguel - 330ml	£4.20
Magners Original Cider - 568ml	£4.90

APERITIFS AND SPIRITS

Add a mixer for £1.20
Coke, diet coke, lemonade, tonic, ginger ale, soda

	25ml	50ml
Martini Bianco/Rosso	£4.90	£4.90
Vodka Absolute	£4.50	£6.90
Vodka Smirnoff	£3.90	£6.40
Vodka Grey Goose	£5.50	£8.90
Gin Gordon's	£3.90	£6.50
Gin Hendricks	£5.50	£7.90
Rum Bacardi Superior	£3.90	£6.50
Rum Captain Morgan Original	£3.90	£6.50
Whisky Chivas Regal	£4.90	£8.50
Jack Daniels	£4.50	£6.90
Irish Whiskey Jameson	£4.50	£6.90
Cognac Courvoisier	£4.50	£6.90
Cognac Remy Martin	£4.50	£6.90
Cognac Hennessy	£4.50	£6.90
All major Liqueurs	£4.90	

MOLEN'S

CAFE • BRASSERIE • LOUNGE

CHAMPAGNE AND PROSECCO

	150ml	Bottle
Prosecco Extra Dry, Ca' del Console		
Veneto, Italy	£7.30	£25.90
<i>A classic Prosecco with aromas of white peach, pear and flowers. Fresh and clean as a whistle.</i>		
Champagne Laurent-Perrier Rose, France	£95.00	
<i>Salmon pink in the glass with full raspberry, cherry and blackcurrant notes carried on a long stream of fine bubbles.</i>		

COCKTAILS

Kir Royale	£7.90
<i>Prosecco, crème de cassis</i>	
Bellini	£7.90
<i>Prosecco, peach puree</i>	
Aperol Spiritz	£7.90
<i>Aperol, Prosecco, fresh orange juice</i>	
Mojito/Strawberry	£7.90
<i>White rum, fresh mint, lime juice, (strawberry puree), soda water</i>	
Long Island	£9.90
<i>Vodka, rum, gin, tequila, cointreau, lime and coke</i>	
Cosmopolitan	£8.90
<i>Smirnoff Vodka, Cointreau, cranberry juice, lime juice</i>	
Sex On The Beach	£8.90
<i>Vodka, arches, orange juice and grenadine</i>	
Strawberry Daiquiri	£8.90
<i>Dark rum, Lime juice, fresh strawberries, sugar syrup</i>	
Fresh Cooler-Alcohol Free	£5.30
<i>Cucumber, mint, lime, soda water</i>	

LOUGHTON
FINSBURY PARK

BREAKFAST

SERVED ALL DAY

Molens Special Breakfast	£8.50
<i>2 Eggs, 2 bacon, sausage, beans or tomatoes, bread or toast</i>	
The American	£9.90
<i>2 Eggs, ham, 3 hash browns, fresh mushrooms, French toast, 1 slice of granary toast</i>	
Vegetarian Breakfast	£8.50
<i>Egg, bubble & squeak or hash brown, mushrooms, roasted cherry tomatoes, beans & toast</i>	
Med Special	£9.90
<i>Egg, feta cheese, marinated olives, roasted cherry tomatoes, halloumi, mediterranean sausage, cucumbers, honey, nutella & toast</i>	
Eggs Benedict	£10.50
<i>Toasted brioche, Wiltshire ham or bacon, poached eggs & hollandaise</i>	
Eggs Florentine	£9.90
<i>Toasted brioche, topped with baby leaf spinach, poached eggs & hollandaise</i>	
Eggs Royale	£10.90
<i>Toasted artisan sour-dough, topped with Scottish smoked salmon, poached eggs & hollandaise</i>	
Scrambled Royale	£10.50
<i>Scrambled eggs, Scottish smoked salmon, served on artisan sour-dough</i>	
Morning Poached	£9.90
<i>Poached eggs on sourdough, smashed avocado and chilli flakes</i>	
Morning Mushroom	£9.90
<i>Mushrooms on sourdough, smashed avocado and chilli flakes</i>	
French Toast	£8.50
<i>Brioche bread served with fresh berries, almonds & honey or maple syrup</i>	
Porridge	£5.90
<i>Served with fruits, healthy seeds & honey</i>	
Soup of the Day	£4.90
<i>Served with 2 buttered sliced bread or roll</i>	

ON 2 TOAST

Select 1 item your on toast	£4.90
<i>Beans, tomato, mushroom, 2 eggs</i>	
Scrambled Eggs (4 eggs)	£5.40
2 Poached Eggs	£4.90
Cheese	£4.90
Avacado	£5.40

CREATE YOUR OWN

TO MAKE YOUR OWN BREAKFAST

Cumberland Sausage ..	£1.60	Rice	£2.40
Egg	£1.50	Feta Cheese	£1.90
2 Slices of Bacon	£2.30	Grated Cheddar	£1.50
Tomato or Beans	£1.50	Black Pudding	£1.80
Mushrooms	£1.80	Spicy Beef Sausage	£3.30
Halloumi Cheese	£3.20	Liver	£2.90
Hash Browns or Bubble	£1.90	Ham	£2.70
Scrambled Eggs	£2.30	Chips	£2.60
Smoked Salmon	£4.20	Sweet Potato Fries	£3.40
Avocado	£1.50	Curly Fries	£3.40
		Buttered Toast	90p
		Fried Slice	£1.10

OMELETTES

MADE FROM 4 EGGS

Plain	£4.50
Egg White Omelette	£5.70
Veg Fillings	each item £1.40
<i>Cheese, mushrooms, onions, peppers, sweetcorn, tomatoes.</i>	
Meat Fillings	each item £1.90
<i>Ham, chicken, prawns, bacon.</i>	

Add Chips £2.60 or Add Salad £2.90